



Post Vasectomy Patient Instructions

1. Please collect sample Monday thru Friday during business hours.
2. Obtain a sterile, wide-mouthed container from your physician's office or the laboratory.
Write your full name and the collection date and time on the container.
3. Do not collect sample until 6-8 weeks after your vasectomy or 6-10 ejaculations unless your Physician instructs otherwise.
4. Refrain from sexual activity for 48 hours but not more than seven (7) days before collecting the sample.
5. You can collect the sample at home (you must bring it to the laboratory within two (2) hours of collection).
6. Collect the complete sample by masturbation.
7. Do not use withdrawal or coitus-interruptus to collect the sample.
8. Do not use condoms or lubricants to collect the sample.

If you have any questions call your Oregon Medical Group clinic laboratory.

Oregon Medical Group Adult Medicine 920 Country Club Road; Eugene, OR	Oregon Medical Group Southtowne Medical Clinic 1835 Pearl Street; Eugene, OR
Oregon Medical Group Center for Women's Health 330 Garden Way; ste 220; Eugene, OR	Oregon Medical Group Northside Medical Clinic 3915 River Road; Eugene, OR
Oregon Medical Group Crescent Medical Clinic 2830 Crescent Ave; Eugene, OR	Oregon Medical Group West Eugene Medical Clinic 4135 Quest Drive; Eugene, OR
Oregon Medical Group Garden Way Medical Clinic 330 Garden Way; #330; Eugene, OR	Oregon Medical Group Westmoreland Medical Clinic 1650 Chambers Street; Eugene, OR