



## Patient Instructions for Collecting a Stool Sample From an Infant

**Caution: the contents of the container are  
 ☠ POISON ☠  
 Keep out of reach of children.**

Do NOT submit a specimen that has been in direct contact with a diaper. Line the diaper with plastic wrap to avoid absorption. You may then lift the specimen out of the diaper in the plastic wrap and place in the appropriate container(s) as instructed.

Use the special stool transport system for **Ova and Parasites** (Formalin, 10% and PVA fixative) and for **Stool Culture** (Enteric Transport C&S) provided by your Oregon Medical Group laboratory.

1. Collect the stool in a clean wide mouthed container. Urine or water must not contaminate the sample. Urinate before collecting the stool specimen, if necessary.
2. Remove the vials from inside the plastic bag.
3. Open the vials carefully. Using the collection spoon attached to the vial cap, add enough stool until the liquid reaches the FILL line on the vial label, (approximately the size of a walnut). DO NOT OVERFILL the vials.

**NOTE:** Collect stool from areas that look bloody or have mucous.

4. Tighten the cap so the specimen cannot leak out and shake the vial until the mixture appears well mixed.
5. Label the containers with the patient name, date and time of collection. Store at room temperature until delivered to the laboratory. Return the specimen to Oregon Medical Group Laboratory same day of collection.

### **Clostridium Difficile Testing:**

Collect an unformed (liquid or soft diarrhea) fresh sample as above and place the sample in a specimen cup with NO preservative. Deliver to Oregon Medical Group Laboratory within 2 hours of collection.

\*\*Fecal Leukocytes, Helicobacter pylori stool antigen, Fecal fat Qualitative require stool in a clean spill proof container with NO additives. Return sample to the laboratory within 1 hr.

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