



Patient Instructions for Collecting a Stool Sample

Please follow instructions carefully as the quality of your specimen is critical to the accuracy of your test results.

Caution: the contents of the container are
☠ POISON ☠
Keep out of reach of children.

If the fluid is accidentally swallowed, drink large amounts of milk or water and call poison control center immediately.

NOTE: DO NOT use a laxative before collecting a stool specimen.

Use the special stool transport system for **Ova and Parasites** (Formalin, 10% and PVA fixative) and for **Stool Culture** (Enteric Transport C&S) provided by your Oregon Medical Group laboratory.

1. Collect the stool in a clean wide mouthed container. Urine or water must not contaminate the sample. Urinate before collecting the stool specimen, if necessary.
2. Remove the vials from inside the plastic bag.
3. Open the vials carefully. Using the collection spoon attached to the vial cap, add enough stool until the liquid reaches the FILL line on the vial label, (approximately the size of a walnut). **DO NOT OVERFILL** the vials.

NOTE: Collect stool from areas that look bloody or have mucous.

4. Tighten the cap so the specimen cannot leak out and shake the vial until the mixture appears well mixed.
5. Label the containers with the patient name, date and time of collection. Store at room temperature until delivered to the laboratory. Return the specimen to Oregon Medical Group Laboratory same day of collection.

Clostridium Difficile Testing:

Collect an unformed (liquid or soft diarrhea) fresh sample as above and place the sample in a specimen cup with NO preservative. Deliver to Oregon Medical Group Laboratory within 2 hours of collection.

**Fecal Leukocytes, Helicobacter pylori stool antigen, Fecal fat Qualitative require stool in clean spill proof container with NO additives. Return sample to the laboratory within 1 hr.

*specimens collected on a weekend may be dropped off at Legacy Laboratory 2832 Crescent Ave; Eugene, OR during normal office hours.

Oregon Medical Group Adult Medicine	Oregon Medical Group Southtowne Medical Clinic
920 Country Club Road; Eugene, OR	1835 Pearl Street; Eugene, OR
Oregon Medical Group Center for Women's Health	Oregon Medical Group Northside Medical Clinic
330 Garden Way; ste 220; Eugene, OR	3915 River Road; Eugene, OR
Oregon Medical Group Crescent Medical Clinic	Oregon Medical Group West Eugene Medical Clinic
2830 Crescent Ave; Eugene, OR	4135 Quest Drive; Eugene, OR
Oregon Medical Group Garden Way Medical Clinic	Oregon Medical Group Westmoreland Medical Clinic
330 Garden Way; #330; Eugene, OR	1650 Chambers Street; Eugene, OR