



Oregon Medical Group Infusion Center

1007 Harlow Road, Springfield, Oregon 97477

Phone: 541-741-0387 Fax: 541-242-4634

Ustekinumab (Stelara) Orders

Name: _____ DOB: _____

Diagnosis/Indication: _____ ICD-10 Code: _____

1. Dosing Regimen:

Crohn's Disease: Infuse Stelara intravenously, diluted in Sodium Chloride 0.9% to final volume of 250 ml, over 60 minutes. Peripheral IV site with saline lock; may use existing PICC line or port-a-cath if available. Use infusion set with in-line, sterile, non-pyrogenic, low protein binding filter.

Initial Dose (select one):

- 260 mg (wt ≤ 55 kg) once 390 mg (wt > 55 to 85 kg) once 520 mg (wt > 85 kg) once

Maintenance Dose starting 8 weeks after initial dose (select one):

- Followed by Stelara 90 mg SQ every 8 weeks at the **infusion center**
OR
 Followed by Stelara 90 mg SQ every 8 weeks, **patient to self-administer**
 Teaching to occur by infusion RN (provider's office to arrange patient receiving medication)

Psoriasis:

- Adult patient weighs 100 kg or less: Stelara 45 mg SQ at Weeks 0 and 4, then every 12 weeks thereafter
 Adult patient weighs more than 100 kg: Stelara 90 mg SQ at Weeks 0 and 4, then every 12 weeks thereafter
 Adolescent: Stelara _____ mg SQ at Weeks 0 and 4, then every 12 weeks thereafter

Psoriatic Arthritis:

- Adult patient: Stelara 45 mg SQ at Weeks 0 and 4, then every 12 weeks thereafter
 Adult patient with co-existent moderate-to-severe plaque psoriasis weighing more than 100 kg: Stelara 90 mg SQ at Weeks 0 and 4, then every 12 weeks thereafter

2. Vital signs: Initial, PRN

3. Pre-medications to be given 30 minutes prior to infusion (optional)

- OMG Infusion Center Pre-Medication Protocol

OR

- Administer the following routine pre-medications prior to each infusion

- Acetaminophen (Tylenol) 650 mg PO
 Antihistamine (Select one)
 Diphenhydramine (Benadryl) 25 mg PO
 Diphenhydramine (Benadryl) 25 mg IV infusion over < 10 mins
 Loratadine (Claritin) 10 mg PO
 Methylprednisolone (Solu-Medrol) 40 mg IV infusion over < 10 min, not to exceed 50 mg/min
 Methylprednisolone (Solu-Medrol) 100mg IV infusion over < 10 min, not to exceed 50mg/min
 Ondansetron 4 mg IV **OR** Ondansetron 8 mg IV

- Other: _____



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4. For infusion reaction (**Must select one to be considered a complete order**)

Acute Infusion Reaction Protocol

Other _____

A Tuberculin test must have been placed and read as negative prior to initiation of treatment (PPD or QuantiFERON Gold blood test). Please send results with order (non-OMG providers).

Provider Signature: _____ Date: _____
(NO PROVIDER STAMPS) (Orders expire after 365 days)

Provider's Printed Name: _____ Time: _____

Patient Name: _____ DOB: _____