



Oregon Medical Group Infusion Center

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OMG Protocol for Infusions Requiring Pre-Medication

1. Ask patient what medications have been taken today. If any of the below medications have been taken today, hold med in infusion center.
2. Administer methylprednisolone (Solu-medrol) 100 mg IV infusion over < 10 minutes, not to exceed 50 mg/minute. If 100 mg causes an adverse reaction (flushing, discomfort), may administer 40 mg as a starting dose in the future.
3. Administer diphenhydramine as ordered below unless the patient refuses the sedating antihistamine. If patient refuses diphenhydramine, administer loratadine as ordered below.
 - Give diphenhydramine 25 mg (Benadryl) PO. If 25 mg is ineffective to calm the patient, may administer another 25 mg after at least 30 minutes and increase pre-med dose to 50 mg in the future. If patient prefers a faster onset due to discomfort in prior infusions, okay to substitute IV 25 mg infusion over < 10 minutes. May repeat after 15 minutes, not to exceed 50 mg.
 - If patient refuses diphenhydramine, give loratadine (Claritin) 10 mg PO.
4. Give 650 mg acetaminophen (Tylenol) PO.
5. May administer ondansetron (Zofran) 4 mg IV PRN for a history of nausea with infusions or for nausea during the infusion. If 4 mg is ineffective, may repeat 4 mg IV after 15 minutes. If patient has required two doses in the past, may start with 8 mg as a pre-medication in the future.

OMG Infusion Center Pre-Medication Protocol

If patient has anxiety around an infusion reaction or has had prior true allergic reactions to medications, administer as a pre-medication:

1. Ask patient what medications have been taken today. If any of the below medications have been taken today, hold med in infusion center.
2. Acetaminophen 650 mg PO
3. One of the following, based on patient preference. If patient has no preference, choose diphenhydramine.
 - Give diphenhydramine 25 mg (Benadryl) PO. If 25 mg is ineffective to calm the patient, may administer another 25 mg after at least 30 minutes and increase pre-med dose to 50 mg in the future. If patient prefers a faster onset due to discomfort in prior infusions, okay to substitute IV 25 mg infusion over < 10 minutes. May repeat after 15 minutes, not to exceed 50 mg.
 - Loratadine (Claritin) 10 mg PO
4. May administer ondansetron (Zofran) 4 mg IV PRN for a history of nausea with infusions or for nausea during the infusion. If 4 mg is ineffective, may repeat 4 mg IV after 15 minutes. If patient has required two doses in the past, may start with 8 mg as a pre-medication in the future.